



## **Adventure Sports Programming**

SUNY Adirondack offers innovative team-building and leadership opportunities at our Queensbury campus Adventure Sports facility or at your location. Area organizations with participants of any age are invited to contact us to develop team-building and leadership exercises using the expertise of our Adventure Sports staff who will incorporate a variety of elements on our ropes course, zipline and other apparatus to meet your needs. Our challenge course is designed for a “challenge by choice” team-building experience. Not every team member will want to climb ropes, but every team member has an important part to play; on the ropes and on the ground!

For the workplace, we create innovative and customized team-building and leadership activities at your facility. Team-building lays the groundwork to enable your staff to work together more creatively and effectively. In the past, we have designed challenge courses for local area organizations such as: Great Escape Six Flags, Girl Scouts, Boy Scouts, local sports teams and the SUNY Plattsburgh freshmen experience program.

Adventure Sports also offers the R.A.I.S.E. youth program which focuses on social and emotional skill development for middle school students with a special emphasis on bullying prevention.

**Source URL:** <http://catalog.sunyacc.edu/continuinged/additionalprogramming>