Physical Education Studies

Program Information

Degree Type: AS
Program Code: PEDS
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PEDS
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Microcredential: http://www.sunyacc.edu/academics/microcredentials [3]

The AS in Physical Education Studies is designed to prepare students for transfer into a baccalaureate program. The program will provide students with the ability to become effective communicators and leaders in teaching or coaching environments

Through a combination of activity and physical education anatomy/physiology coursework. students will be able (1) apply scholarship and practice of different movement forms of enhance movement competence, (2) apply theoretical and scientific knowledge to areas of personal fitness, healthy lifestyles, sport or therapeutic rehabilitation, (3) effectively communicate essential theories and ethical considerations of physical education and (4) demonstrate athletic proficiency in a variety of applications. This degree will support transfer to a variety of baccalaureate institutions for future employment in the areas of physical education, health education, fitness instruction, coaching and sports science.

Cr.	Course Title	Course C
1-2	FRESHMAN EXPERIENCE	HRD100 H
3	Introduction to College Writing	ENG101
3	Writing II	ENG102, E ENG108, E
4	Introductory Statistics with Probability	MAT127 (F
4	Anatomy and Physiology I	BIO107 (
4	Anatomy and Physiology II	BIO108 (
3	General Psychology	PSY101
3	SUNY GEN ED World History and Global Awareness	
3	SUNY GEN ED US History and Civic Engagement	
3	SUNY GEN ED The Arts, SUNY GEN ED World Languages or SUNY GEN ED Humanities Liberal Arts and Sciences	
3	SUNY GEN ED Diversity: Equity, Inclusion and Social Justice	
3	Introduction to Physical Education	PED105
3	Athletic Training I	PED106
3	Philosophy, Principles and Organization of Athletics in Education	PED210 (S
2	Theory and Techniques of Coaching	PED212 (F

3	College Health	HED103
2	First Aid and Safety	HED104
6	PED Activity Credits	
8	Electives	Athletic Tr Teaching, course cor
64	**Minimum credits required for graduation**	

Recommended First Year	
First Semester	
1-2	HRD100, HRD100A or HRD110
3	ENG101
3	PED105
3	HED103
2	PED212
1	PED Activity course
3	SUNY Gen Ed The Arts, SUNY GEN ED World Languages or SUNY GEN ED Humanities Liberal Arts and Sciences
Second Semester	
3	ENG102 - ENG110
3	PSY101
2	HED104
3	PED210
1	PED Activity Course
4	MAT127
Recommended Second Year	
Third Semester	
3	SUNY GEN ED US History and Civic Engagement
4	BIO107
3	PED106
3	SUNY GEN ED Diversity: Equity, Inclusion and Social Justice
3	Recommended Focus Area elective (See Note 1)
2	PED Activity Course
Fourth Semester	
3	SUNY GEN ED World History and Global Awareness
4	BIO108
2	PED Activity course
3	Recommended Focus Area elective (See Note 1)
2	Recommended Focus Area elective (See Note 1)

NOTES:

1. Physical Education Focus Areas:

COURSES TARGETING SPECIFIC FOCUS AREAS			
Athletic Training	**Coaching/Health & Physical Education**	**Adventure Sports**	**Fitness & Per**
PED206 Athletic Training II	BIO115 Human Sexuality	PED152 Challenge Course I	PED109 Fitnes

HRD178 Applied Internship -Athletic Training	PED211 Health Science for Coaching (Summer only)	PED162 Challenge Course II (Spring only) PED165 Rock Climbing I PED166 Rock Climbing II AVS102 Basic River and Backwater Canoeing AVS221 Challenge Course Facilitation HED108 Wilderness First Responder	Conditioning Choose any PE areas of Golf, V Lifetime Wellne Aerobic Fitness Training, Tai C Recreational C

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