

## Physical Education Studies AS (PEDS)

Catalog: 2019-2020				Effective Date: 9/01/2018			
CR	COURSE	COURSE TITLE	SUNY GEN ED	TR	SEMESTER		
1-2	HRD 100, HRD 100A or HRD 110	FRESHMAN EXPERIENCE					
3	ENG 101	<i>Introduction to College Writing</i>	GEBG				
3	SUNY GEN ED Basic Communication ENG 102, ENG 103, ENG 104, ENG 105, ENG 106, ENG 107, ENG 108, ENG 109 or ENG 110		GEBG				
4	MAT 127 (Prereq Required)	<i>Introductory Statistics with Probability</i>	GEMA				
4	BIO 107 (Prereq Required)	<i>Anatomy and Physiology I</i>	GENS				
4	BIO 108 (Prereq Required)	<i>Anatomy and Physiology II</i>	GENS				
3	PSY 101	<i>General Psychology</i>	GESS				
3	SUNY GEN ED Western Civilization HIS 101 or HIS 102		GEWC				
3	SUNY GEN ED American History HIS 103 or HIS 104		GEAH				
3	SUNY GEN ED The Arts, SUNY GEN ED Foreign Language or SUNY GEN ED Humanities Liberal Arts and Sciences		GETA GEFL GEHU				
3	PED 105	<i>Introduction to Physical Education</i>					
3	PED 106	<i>Athletic Training I</i>					
2	PED 107 or PED 108	<i>Swimming and Water Safety or Advance Lifeguarding</i>					
3	PED 210 (Spring only)	<i>Philosophy, Principles and Organization of Athletics in Education</i>					
3	HED 103	<i>College Health</i>					
2	HED 104	<i>First Aid and Safety</i>					
4	PED Activity Credits						
13	Electives	Athletic Training, Coaching/ Health and Physical Education Teaching, Fitness & Performance or Adventure Sports course concentrations recommended					
<b>64</b>	<b>Minimum credits required for graduation</b>						

**Note:** Please review the back of this form for additional information.

❖ <b>COURSE PREREQUISITES:</b>			
<b>BIO 107</b>	Within the last 5 years BIO 103 ( or Regents Biology 80) and CHM 103 (or Regents Chemistry 80); or BIO 103 with C or better and CHM 103 with C or better; or equivalent	<b>MAT 127</b>	MAT 096 within 4 years and 21 passed credits or MAT 097 within 4 years and 21 earned credits or MAT 108
<b>BIO 108</b>	BIO 107		

**PLEASE READ: The four semester sequence may vary by individual student interest and science course requirements.**

❖ **RECOMMENDED SEQUENCE:**

**FIRST YEAR**

First Semester		Second Semester	
1-2	HRD 100, HRD 100A or HRD 110		
3	ENG 101	3	ENG 102 – ENG 110
3	PED 105	3	PSY 101
3	HED 103	3	HED 104
2	PED 107 or PED 108	3	PED 210
1	PED Activity Course	1	PED Activity Course
3	SUNY GEN ED The Arts, SUNY GEN ED Foreign Language or SUNY GEN ED Humanities Liberal Arts and Sciences	4	MAT 127

**SECOND YEAR**

Third Semester		Fourth Semester	
3	HIS 103 or HIS 104	3	HIS 101 or HIS 102
4	BIO 107	4	BIO 108
3	PED 106	1	PED Activity Course
3	Recommended Focus Area elective - See Note 1	3	Recommended Focus Area elective - See Note 1
3	Recommended Focus Area elective - See Note 1	4	Recommended Focus Area elective - See Note 1
1	PED Activity Course		

**NOTES:**

1. Physical Education Focus Areas:

Athletic Training	Coaching/Health & Physical Education	Adventure Sports	Fitness & Performance
PED 206 Athletic Training II HRD 178 – Applied Internship -Athletic Training	PED 211 Theory & Techniques of Coaching (Fall only) PED 212 Health Science for Coaching (Summer only) HED 105 Stress Management	PED 152 Challenge Course I PED 162 Challenge Course II (Spring only) PED 165 Rock Climbing I PED 166 Rock Climbing II AVS 102 Basic River and Backwater Canoeing AVS 221 Challenge Course Facilitation HED 108 Wilderness First Responder	PED 109 – Fitness and Conditioning  Choose any PED activity in areas of Golf, Tennis, Volleyball, Racquetball, Ballet, Lifetime Wellness, Yoga, Aerobic Fitness, Weight Training, Tai Chi and/ or Recreational Cycling

❖ **DEFINITION OF COURSE REQUIREMENTS:** See <http://catalog.sunyacc.edu/academics/degreerequirements>

❖ **FINANCIAL AID RECIPIENTS:** A student **must** choose courses that are within their degree program. Students are encouraged to meet with their assigned academic advisor for any questions about course selection and degree program requirements. Please visit the Office of Financial Aid for any aid-related questions.

❖ **SUNY GEN ED KNOWLEDGE AREAS:** See <http://catalog.sunyacc.edu/academics/generaleducation>

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|-------------------------------|-----------------------------------|
| ❖ Mathematics (GEMA)          | ❖ Other World Civilization (GEOC) |
| ❖ Natural Sciences (GENS)     | ❖ Humanities (GEHU)               |
| ❖ Social Sciences (GESS)      | ❖ The Arts (GETA)                 |
| ❖ American History (GEAH)     | ❖ Foreign Languages (GEFL)        |
| ❖ Western Civilization (GEWC) | ❖ Basic Communication (GEBG)      |