

## Liberal Arts and Sciences: Mathematics and Science AS (LAMS) – Health Education Concentration (HEED)

Catalog: 2021-2022			Effective Date: 9/01/2017				
CR	COURSE	COURSE TITLE	SUNY GEN ED	TR	SEMESTER		
1-2	HRD 100, HRD 100A or HRD 110	FRESHMAN EXPERIENCE					
3	ENG 101	<i>Introduction to College Writing</i>	GEBC				
3	SUNY GEN ED Basic Communication ENG 102, ENG 103, ENG 104, ENG 105, ENG 106, ENG 107, ENG 108, ENG 109 or ENG 110		GEBC				
4	MAT 127 (Prereq Required)	<i>Introductory Statistics with Probability</i>	GEMA				
3-4	SUNY GEN ED Natural Science lab science	BIO 103 <i>Principles of Biology</i> recommended	GENS				
3	Mathematics or Science	CHM 103 <i>Principles of Chemistry</i> recommended					
3	HED 103	College Health					
3	SUNY GEN ED Western Civilization		GEWC				
3	SUNY GEN ED American History		GEAH				
3	PSY 101	General Psychology	GESS				
3	SOC 101	Principles of Sociology	GESS				
3	SUNY GEN ED The Arts, SUNY GEN ED Foreign Language or SUNY GEN ED Humanities		GETA GEFL GEHU				
4	BIO 107 (Prereq Required)	<i>Anatomy and Physiology I</i>	GENS				
4	BIO 108 (Prereq Required)	<i>Anatomy and Physiology II</i>	GENS				
3	NTR 111	<i>Human Nutrition</i>					
8	<u>Mathematics/Science Core (MSC) - Choose 8 credits from:</u> <b>BIOLOGY:</b> BIO 107, BIO 108, BIO 111, BIO 112, BIO 205, BIO 212, 213 or BIO 223 ( <b>RECOMMENDED</b> ) <b>CHEMISTRY:</b> CHM 104A/B, CHM 111, CHM 112, CHM 202, CHM 203, CHM 204 <b>COMPUTER SCIENCE:</b> CIS 143, CIS 144, CIS 211 <b>EARTH SCIENCE:</b> AST 113, GEO 101, GEO 102, GEO 114, GEO 201, GEO 202 <b>ENGINEERING:</b> EGR 105, EGR 106, EGR 204, EGR 207, EGR 208, EGR 209, EGR 210, EGR 211 <b>MATHEMATICS:</b> MAT 121, MAT124, MAT 125, MAT 127, MAT 129, MAT 131, MAT 132, MAT 220, MAT 223, MAT 227, MAT 231, MAT 232 (Spring only) <b>NUTRITION:</b> NTR 111 <b>PHILOSOPHY:</b> PHI 203 <b>PHYSICS:</b> PHY 111, PHY 112						
3	Liberal Arts and Sciences	PSY 202 <i>Child Psychology</i> or PSY 222 <i>Developmental Psychology</i> or SOC 275 <i>Drugs, Crime and Treatment</i> (Spring only) recommended					
7	Electives	BIO 115, CRJ 101, PED 105 or NTR 101 recommended					
<b>64</b>	<b>Minimum credits required for graduation</b>						

**Note:** Please review the back of this form for additional information.

Notes on Liberal Arts and Sciences: Mathematics and Science AS (LAMS) – Health Education Concentration (HEED)

❖ <b>COURSE PREREQUISITES:</b>			
<b>BIO 107</b>	Within the last 5 years BIO 103 ( or Regents Biology 80) <u>and</u> CHM 103 (or Regents Chemistry 80); or BIO 103 with C or better and CHM 103 with C or better; or equivalent	<b>MAT 127</b>	MAT 096 within 4 years and 21 passed credits <u>or</u> MAT 097 within 4 years and 21 earned credits <u>or</u> MAT 108
<b>BIO 108</b>	BIO 107	<b>PSY 202</b>	PSY 101
<b>BIO 223</b>	Within the last 5 years BIO 103 ( or Regents Biology 80) <u>and</u> CHM 103 (or Regents Chemistry 80); or BIO 103 with C or better and CHM 103 with C or better; or equivalent	<b>PSY 222</b>	PSY 101
<b>NTR 111</b>	BIO 103 and CHM 103	<b>SOC 275</b>	CRJ 101

❖ <b>RECOMMENDED SEQUENCE:</b>			
<b>FIRST YEAR</b>			
<b>First Semester</b>		<b>Second Semester</b>	
1-2	HRD 100, HRD 100A or HRD 110	3	Mathematics or Science – CHM 103 recommended
3	ENG 101	3	ENG 102 – ENG 110
3	SOC 101	4	MAT 127
3-4	SUNY GEN ED Natural Science lab science – BIO 103 recommended	3	Liberal Arts and Sciences – see Note 2
3	PSY 101	3	Electives – See Note 1
3	Electives – See Note 1		
<b>SECOND YEAR</b>			
<b>Third Semester</b>		<b>Fourth Semester</b>	
3	SUNY GEN ED American History	3	SUNY GEN ED Western Civilization
4	BIO 107	4	BIO 108
3	NTR 111	4	MSC Elective – BIO 223 recommended – See Note 3
3	SUNY GEN ED The Arts, SUNY GEN ED Foreign Language or SUNY GEN ED Humanities	4	MSC Elective – see Note 3
3	HED 103	1	Electives – See Note 1
<b>NOTES:</b>			
1. Recommended electives are BIO 115, CRJ 101, PED 105 or NTR 101			
2. Recommended electives are PSY 202, PSY 222 or SOC 275 (Spring only)			
3. Mathematics/Science core (MSC) courses shall be selected from the LAMS program layout.			

❖ **DEFINITION OF COURSE REQUIREMENTS:** See <http://catalog.sunyacc.edu/academics/degreerequirements>

❖ **FINANCIAL AID RECIPIENTS:** A student **must** choose courses that are within their degree program. Students are encouraged to meet with their assigned academic advisor for any questions about course selection and degree program requirements. Please visit the Office of Financial Aid for any aid-related questions.

❖ **SUNY GEN ED KNOWLEDGE AREAS:** See <http://catalog.sunyacc.edu/academics/generaleducation>

❖ Mathematics (GEMA)	❖ Other World Civilization (GEOC)
❖ Natural Sciences (GENS)	❖ Humanities (GEHU)
❖ Social Sciences (GESS)	❖ The Arts (GETA)
❖ American History (GEAH)	❖ Foreign Languages (GEFL)
❖ Western Civilization (GEWC)	❖ Basic Communication (GEBC)